

## Frequently Asked Questions (FAQ)

Q. What is the age group and what kind of traveller join the Earthstompers Garden Route Adventure? A. Remember, age is a Mind Set!!!! Anybody above 16 will be allowed to join my 6 Day Garden Route Adventure Tour, but the tour is perfect for people between the ages of 18 to 50. It is mostly people looking for an adventure and looking to meet like minded travellers, mostly smaller groups or individual travellers. Guest House tours, Family tours and private tours are available for children or adults of all ages.

Q. What do we need? A. A love for nature, an adventurous spirit and an earthstomping sense of humor. Of course it would not be a bad thing to bring along a rain jacket, camera, swimming clothes, sunscreen, towel, hat, warm jacket and personal toiletries.

Q. What do we eat? A. All meals have been selected by management and include traditional South African meals. Breakfast would normally be a healthy continental breakfast with fruits, cereals, yoghurt and toast. Please advise us of any special dietary requirements in advance.

Q. How big is the groups? A. The vehicle that we will be touring in is a fully air conditioned VW bus that can comfortably seat 8 adults including driver. We need a minimum of 3 people to depart.

Q. Do we need malaria medication? A. Our tours take place in a malaria free area. No Anti malaria precautions are therefore necessary. You are however advised to bring insect repellent during summer.

Q. What language will the guide speak? A. Our tours are conducted in English.

Q. When do tours depart and where do tours depart from? A. Tours will depart from Cape Town and Stellenbosch every Monday. Guests will be picked up between 07:00 and 09:00 at accommodation establishments in Cape Town. If guest do not live in Cape Town additional transport has to be arranged into the city or guest could be picked up along the way. Custom tours are available with pick ups from anywhere in the Garden Route, Cape Town or the Western Cape. Port Elisabeth to Cape Town is available on special request.

Q. What is the weather like in the Garden Route? A. Climate and Weather of the Garden Route The Garden Route has a Mediterranean Maritime Climate. Summers ( November to March/April) is warm and sunny with daytime temperatures in the mid 20's. Winters (June to end August ) are mild and it is rare for temperatures to fall below 16 degrees Celsius. This is why the Garden Route is popular to visit in the winter and in the summer. The Garden Route is one of the richest rainfall areas in South Africa, keeping the area green and lush. One can expect rainfall throughout the year in the Garden Route. The temperate weather falls between a winter and summer rainfall area so it rains mostly during the night.